

Pizza:

Pizza Crust: Ingredients and Nutrition Facts

Enriched wheat flour (wheat flour, barley malt, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, yeast, soybean oil, salt, dextrose, calcium propionate, fumaric acid, potassium sorbate, soy lecithin. COMMON ALLERGENS PRESENT: Wheat, Soy. Nutrition and Ingredient statement updated September 2015. The ingredient and nutrition information provided here reflects the current information provided to GFS by its suppliers. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product.



Serving Size 1 Slc (55g)	PolyUnsat. Fat 0g n/a,	Sugar 0g ,
Amount Per Serving	MonoUnsat Fat 0g n/a,	Protein 4g 9%,
Calories 120Calories From Fat 7	Cholesterol 0mg n/a,	<ul style="list-style-type: none"> • Vitamin C n/a • Calcium 0%
% Daily Value *	Sodium 135mg 6%,	<ul style="list-style-type: none"> • Iron 10% • Phosphorous 0%
Fat 1g 1%,	Potassium 20mg 1%,	<ul style="list-style-type: none"> • Magnesium 2% • Zinc 0%
Saturated Fat 0g 1%,	Carbohydrates 26g 9%,	
Trans Fat 0g ,	Fiber 1g 5%,	

Pizza Sauce: Ingredients and Nutrition Facts

Fresh Tomatoes, Extra Virgin Olive Oil, Salt, Spices, Garlic Powder and Citric Acid. COMMON ALLERGENS PRESENT: None. Nutrition and Ingredient statement updated August 2015. The ingredient and nutrition information provided here reflects the current information provided to GFS by its suppliers. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product



Serving Size 0.25 cup (60g)	PolyUnsat. Fat n/a,	Sugar 4g ,
Amount Per Serving	MonoUnsat Fat n/a,	Protein 1g 2%,
Calories 40Calories From Fat 13.5	Cholesterol 0mg n/a,	<ul style="list-style-type: none"> • Vitamin A IU 20% • Vitamin C 20% • Calcium 0% • Iron 2%
% Daily Value *	Sodium 180mg 8%,	* Based on a 2000 calories diet
Fat 1.5g 2%,	Potassium n/a,	Calories Per Gram:
Saturated Fat 0g n/a,	Carbohydrates 6g 2%,	<ul style="list-style-type: none"> • Fat: 9 • Carbohydrates: 4 • Protein: 4
Trans Fat 0g ,	Fiber 1g 4%,	

Pizza Mozzarella/Provolone Cheese: Ingredients and Nutrition

Pasteurized reduced-fat milk, pasteurized milk, cheese culture, salt, enzymes, powdered cellulose added to prevent caking, smoke flavor, and natamycin added as a mold inhibitor. COMMON ALLERGENS PRESENT: Milk. Nutrition and Ingredient information updated October 2015. The ingredient and nutrition information provided here reflects the current information provided to GFS by its suppliers. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product.



Serving Size 0.25 cup (28g)	Trans Fat 0g ,	Carbohydrates 1g n/a,
Amount Per Serving	PolyUnsat. Fat n/a,	Fiber 0g n/a,
Calories 90Calories From Fat 63	MonoUnsat Fat n/a,	Sugar 0g ,
% Daily Value *	Cholesterol 25mg 8%,	Protein 6g 12%,
Fat 7g 11%,	Sodium 220mg 9%,	<ul style="list-style-type: none"> ● Vitamin A IU 4% ● Vitamin C 0%
Saturated Fat 4g 20%,	Potassium n/a,	<ul style="list-style-type: none"> ● Calcium 20% ● Iron 0%

Pizza Pepperoni: Ingredients and Nutrition Facts

Pork, Beef, Salt, Dextrose, Lactic Acid Starter Culture, Natural Flavorings, Oleoresin of Paprika, Sodium Ascorbate, Natural Smoke Flavoring, Dehydrated Garlic, Sodium Nitrite, BHA, BHT, Citric Acid. COMMON ALLERGENS PRESENT: None. Nutrition and Ingredient statement updated July 2015. The ingredient and nutrition information provided here reflects the current information provided to GFS by its suppliers. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product.



Serving Size 16 each (30g)	PolyUnsat. Fat n/a,	Sugar 0g ,
Amount Per Serving	MonoUnsat Fat n/a,	Protein 6g 12%,
Calories 140Calories From Fat 117	Cholesterol 30mg 10%,	<ul style="list-style-type: none"> ● Vitamin A IU 0% ● Vitamin C 0%
% Daily Value *	Sodium 460mg 19%,	<ul style="list-style-type: none"> ● Calcium 0% ● Iron 2%
Fat 13g 20%,	Potassium n/a,	* Based on a 2000 calories diet
Saturated Fat 4g 20%,	Carbohydrates 0g n/a,	Calories Per Gram:
Trans Fat 0g ,	Fiber 0g n/a,	<ul style="list-style-type: none"> ● Fat: 9 ● Carbohydrates: 4 ● Protein: 4

Pizza Sausage: Ingredients and Nutrition Facts

Pork, Water, Salt, Spices, Caramel color. COMMON ALLERGENS PRESENT: None. Nutrition and Ingredient statement updated August 2015. The ingredient and nutrition information provided here reflects the current information provided to GFS by its suppliers. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product.



Serving Size 0.66 cup (57g)	MonoUnsat Fat 9g n/a,	<ul style="list-style-type: none"> ● Vitamin A IU 0% ● Vitamin B6 7% ● Vitamin B12 null%
Amount Per Serving	Cholesterol 40mg 13%,	<ul style="list-style-type: none"> ● Vitamin C 2% ● Calcium 2%
Calories 190Calories From Fat 153.8	Sodium 340mg 14%,	<ul style="list-style-type: none"> ● Iron 2% ● Phosphorous 8% ● Magnesium 2%
% Daily Value *	Potassium 150mg 4%,	<ul style="list-style-type: none"> ● Zinc 5% ● Thiamin 21% ● Riboflavin 6% ● Niacin B3 8%
Fat 17g 26%,	Carbohydrates 3g 1%,	* Based on a 2000 calories diet
Saturated Fat 6g 30%,	Fiber 0g 1%,	Calories Per Gram:
Trans Fat 0g ,	Sugar 0g ,	<ul style="list-style-type: none"> ● Fat: 9 ● Carbohydrates: 4 ● Protein: 4
PolyUnsat. Fat 2g n/a,	Protein 8g 16%,	