

Hamburger Patty Ingredients and Nutrition Facts

Beef, Seasoning (Salt, Dextrose, Natural Flavors, Spice), Natural Flavoring. COMMON ALLERGENS PRESENT: N/A. Nutrition & Ingredient statement updated April 2015. The ingredient and nutrition information provided here reflects the current information provided to GFS by its suppliers. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product.



Serving Size 1 each (84g)	Trans Fat 0g ,	Carbohydrates 0g n/a,
Amount Per Serving	PolyUnsat. Fat n/a,	Fiber 0g n/a,
Calories 220Calories From Fat 153	MonoUnsat Fat n/a,	Sugar 0g ,
% Daily Value *	Cholesterol 65mg 22%,	Protein 15g 30%,
Fat 17g 26%,	Sodium 220mg 9%,	<ul style="list-style-type: none"> ● Vitamin A IU 0% ● Vitamin C 0% ● Calcium 0% ● Iron 8%
Saturated Fat 7g 35%,	Potassium n/a,	

Hamburger Bun Ingredients and Nutrition Facts

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thiamin, mononitrate, riboflavin, folic acid), water, high fructose, corn syrup, yeast, soybean oil, contains 2% or less of the following: salt, vital wheat gluten, yeast nutrients (monocalcium phosphate, calcium sulfate, ammonium sulfate), dough conditioners (monoglycerides, datem, sodium stearoyl lactylate, calcium peroxide, ascorbic acid, azodicarbonamide, enzymes), calcium propionate and potassium sorbate (preservatives), **Contains: Wheat.**

Serving Size 1 each (50g)	PolyUnsat. Fat 1g,	Dietary Fiber 0g n/a,
Amount Per Serving	MonoUnsat Fat 0g,	Sugar 3g ,
Calories 140Calories From Fat 20	Cholesterol 0mg 0%,	Protein 4g
% Daily Value *	Sodium 240mg 10%,	<ul style="list-style-type: none"> ● Vitamin A IU 0% ● Vitamin C 0% ● Calcium 2% ● Iron 6%
Fat 2g 3%,	Potassium n/a,	* Based on a 2000 calories diet
Saturated Fat 0g 0%,	Carbohydrates 25g 8,	Calories Per Gram:
Trans Fat 0g ,		<ul style="list-style-type: none"> ● Fat: 9 ● Carbohydrates: 4 ● Protein: 4